

Master Huy Phan's

Tri-City Taekwondo

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www.tricitytkd.com



**"Take It
to Another Level!"**

Master Phan

Class Schedule

Effective: September 6th, 2022

- Award-Winning Children's Programs
- Inspiring Goal-Setting Youth Programs
- Great Beginner & Advanced Adult Programs
- Develop Self-Discipline and Confidence
- Learn Self-Defense and Build Self-Respect
- Strengthen Mind and Body
- Have Fun!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tigers Beginner 3:45 – 4:30	Tigers Beginner 3:45 – 4:30	Tigers Beginner 3:45 – 4:30	Tigers Beginner 3:45 – 4:30	Leadership Team 3:45 – 4:30	Make Up Class 10:00 – 10:50
Youth Beginner White – Yellow 4:30 – 5:20	Youth Intermediate Orange - Blue 4:30 – 5:20	Youth Beginner White – Yellow 4:30 – 5:20	Youth Intermediate Orange - Blue 4:30 – 5:20	Tigers Beginner 4:30 – 5:15	Tigers Beginner 10:50 – 11:35
Youth Intermediate Orange - Blue 5:20 – 6:10	Youth Beginner White – Yellow 5:20 – 6:10	Youth Intermediate Orange - Blue 5:20 – 6:10	Youth Beginner White – Yellow 5:20 – 6:10	All Youth Class All Belts 5:15 – 6:05	Tigers Beginner 11:35 – 12:20
Youth Advanced Purple – Brown 6:10 – 7:00	Youth Advance Purple - Brown 6:10 – 7:00	Youth Advanced Purple – Brown 6:10 – 7:00	Youth Advance Purple - Brown 6:10 – 7:00	Sparring Teen and Adult 6:05 – 7:15	All Youth Class All Belts 12:20-1:10
Black Belt club Black stripe & Black 7:00 – 7:50	Black Belt club Black stripe & Black 7:00 – 7:50	Black Belt club Black stripe & Black 7:00 – 7:50	Black Belt club Black stripe & Black 7:00 – 7:50	Teens-Adult All Belts 7:20 – 8:20	Poomsae All Belts 1:10-2:00
Teens-Adults All Belts 7:50 – 8:50	Teens-Adult All Belts 7:50 – 8:50	Teens-Adults All Belts 7:50 – 8:50	Teens-Adult All Belts 7:50 – 8:50		

Students may attend only those classes designed for their age and rank (i.e. senior belts cannot attend beginner classes and vice versa) unless permission has been given by one of the instructors.



Training 2x per week:

Tigers: Beginner, ages 4.5-6
Youth: Ages 7-13
Adult: Age 14 and over



Training 1x per week:

Olympic Sparring: By sign up
Poomsae Team: By sign up
Leadership Team: By invitation



At Tri-City Taekwondo, we believe in enhancing our community through personal development of each of our students. Our school provides a supportive and energetic environment in which our students can grow mentally and physically.

We inspire personal excellence, both within and outside of our Martial Arts School.



New to Martial Arts? Call us to book your free introductory lesson!