

# Master Huy Phan's Tri-City Taekwondo

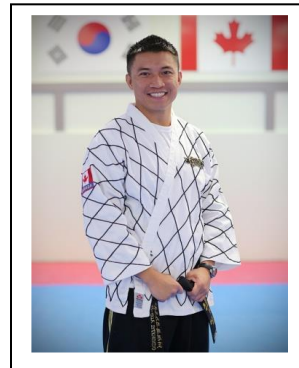
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www.tricitytkd.com



**"Practice, Passion & Purpose"**

- Award Winning Children's Programs
- Inspiring Goal-Setting Youth Programs
- Great Beginner & Advanced Adult Programs
- Develop Self-Discipline and Confidence
- Learn Self-Defense and Build Self-Respect
- Build Friendships and Enhance Teamwork Skills
- Strengthen Mind and Body
- Have Fun!



## Class Schedule

Effective: Jan 4th, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
After School Program 3:00-6:00	After School Program 3:00-6:00	After School Program 3:00-6:00	After School Program 3:00-6:00	After School Program 3:00-6:00	
Tigers 3:40-4:20	Tigers 3:40-4:20	Tigers 3:40-4:20	Tigers 3:40-4:20	Leadership Team 3:45 – 4:30	Make up Class (Appointment only) 10:10-11:00
Youth Beginner 4:30 – 5:20	Youth Beginner 4:30 – 5:20	Youth Beginner 4:30 – 5:20	Youth Beginner 4:30 – 5:20	Tigers Beginner 4:40-5:20	Tigers 11:10-11:50
Youth Intermediate 5:30 – 6:20	Youth Intermediate 5:30 – 6:20	Youth Intermediate 5:30 – 6:20	Youth Intermediate 5:30 – 6:20	All Level Youth 5:30-6:20	All Level Youth 12:00-12:50
Youth Advanced 6:30 – 7:20	Youth Advanced 6:30 – 7:20	Youth Advanced 6:30 – 7:20	Youth Advanced 6:30 – 7:20	Poomse Beginner 6:30 – 7:20	Poomse Advance 1:00-2:00
Teens & Adult 7:30 – 8:30	Teens & Adult 7:30 – 8:30	Teens & Adult 7:30 – 8:30	Teens & Adult 7:30 – 8:30	Teens & Adult 7:30 – 8:30	
		*Zoom Beginner* 5:20-6:10		*Zoom Beginner* 5:20-6:10	
		*Zoom Interm. * 6:15-7:05		*Zoom Interm. * 6:15-7:05	
	*Zoom Adults* 7:30-8:30	*Zoom Advance* 7:10-8:00		*Zoom Advance* 7:10-8:00	

\* Students may attend only those classes designed for their age and rank (i.e. senior belts cannot attend beginner classes and vice versa) unless permission has been given by one of the instructors.



Youth Brazilian Jiu-Jitsu  
Professor Vieng



Master Huy Phan



**New to Martial Arts? Call us to book your free introductory lesson!**



### Classes:

Tigers:	Ages 4.5 – 6/7 (white-Orange)
Youth	Ages 7 – 13
Teens & Adult:	13/14 years and over
Beginner	White- Orange
Intermediate	Green-Purple
Advance	Red-Black
Leadership:	By invitation.
Make-up class:	By reserving your spot if missed class

Tri-City Taekwondo believes in enhancing our community through personal development of each of our students. Our school provides a supportive and energetic environment in which our students can grow mentally and physically. We inspire personal excellence, both within and outside of the Martial Arts School.

