

DEC 2017

week 1

“KNOWLEDGE WILL GIVE YOU POWER, BUT CHARACTER RESPECT”

- BRUCE LEE

week 2

“RESPECT FOR OURSELVES GUIDES OUR MORALS, RESPECT FOR OTHERS GUIDES OUR MANNERS.”

- LAURENCE STERNE

week 3

“RESPECT YOURSELF AND OTHERS WILL RESPECT YOU.”

**- CONFUCIUS,
SAYINGS OF CONFUCIUS**

week 4

“RESPECTING OTHERS IS THE BEST TOOL TO EARN RESPECT.”

- JUNAID RAZA



PARENT/GUARDIAN LETTER



Dear parents and/or guardians...

This month we are learning about respect. Respect is something very important in our class. It is something we need kids to know, understand and practice. Respect is a way of treating or thinking about something or someone, and we want our students to respect themselves, others, their instructors and the martial arts.

HOW CAN YOU HELP?

- Be a good example for your kids. We cannot teach respect by being disrespectful. Instead, teach respect by showing respect. Respect your child as an individual. Allow them the freedom to make some decisions.
- Require manners. Using words like “please” and “thank you” goes a long way. Starting these habits early makes it easier to establish a pattern of good manners for life.
- Teach your kids to respect stuff. Sometimes as parents we focus so hard on respecting other people we forget to teach our kids to respect belongings. When we teach them to

respect things, we encourage a sense of gratitude and consideration.

- Encourage open-mindedness. Teach your kids to take the time to get to know people and see where they’re coming from – even if they don’t immediately hit it off. Tell your kids they don’t have to like everybody but they do have to give them a chance and treat them with respect.
- Respect should be shown at all times whether in the classroom, at home or out in the community.

Respect

RESPECT IS TO APPRECIATE SOMEONE OR SOMETHING BASED OFF THEIR ABILITIES, QUALITIES OR ACHIEVEMENTS.

